

## Group Program Activities

### Creative Storytelling

Create your own story using photo prompts and questions. All Creative Storytelling photo prompts and questions are Dementia Friendly! Set up a fun program for your group and individually by projecting Creative Storytelling prompts on a TV screen. Help facilitate the group by pausing/ restarting the video as the program goes along. Read aloud questions and take notes of the groups responses. Request responses from residents to get everyone involved! Take as many notes as possible and read aloud the story you have created at the end.



### Great Questions!

A wonderful group program for seniors of all cognitive levels. Use questions as prompts to create conversations and opportunities to reminisce. Help facilitate the group by reading questions aloud and going around the room and requesting participation. If possible, ask each individual in the group to read questions aloud to increase participation.

What have been some of the happiest moments in your life?

### Sing-Alongs

An amazing group or individual program for seniors of all cognitive levels. Lyrics are included on screen. Help facilitate the program by singing along!



## ART ON DEMAND

*A video library of art and wellness tutorials*

### Video Categories Include:

Acrylic Painting Watercolor  
Collage Drawing Photography  
Group Program Activities  
Art Lectures Exercise Programs  
Dementia Friendly Subject Matter

- STOP, START, PAUSE TUTORIALS AT YOUR CONVENIENCE!
- NEW VIDEOS ARE ADDED MONTHLY, OR MORE FREQUENTLY!
- ENDLESS OPPORTUNITIES FOR LEARNING AND ENJOYMENT!

*\$30/month for  
Individual Subscribers*

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**View Limited FREE  
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**Seniors Creating Art website**

[www.seniorscreatingart.org](http://www.seniorscreatingart.org)



**ART ON DEMAND**

<https://artondemand.vids.io>



**SENIORS CREATING ART**

## ART ON DEMAND

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of art and wellness tutorials**



# ART ON DEMAND



Use this informational brochure as a guide to help you best integrate Art On Demand (AOD) in your community or at home!

Whether using AOD to plan

- Group Activities
- Individual or
- programming for friends living with forms of Memory Loss

each video category contains content that will be appropriate for individuals and groups of all cognitive, physical ability, and artistic levels!

**Begin each session by choosing from the video library, providing supplies for you or the group to use, and connecting your computer to play the video on a TV screen for a larger view of your video tutorial.**

Read details of each Art On Demand video category and how it can be modified for:

**G: Group programs**

**I: Individual engagement**

**M: Modification for use with friends living with cognitive decline**

## Art Tutorials

**G:** Choose from endless art tutorials to view! Help facilitate the group by providing supplies and pausing/restarting the video as needed.

**I:** Choose a tutorial video from the library, play directly from your computer/laptop/tablet, or connect to watch through your TV.

**M:** Set up art supplies for your group and encourage participation. Or set up tutorial on a TV screen, viewers can sit back enjoy paintings coming alive before their eyes! Tip: collage and abstract videos are great for this group to participate in.



## Photography Videos

**G:** Spend an afternoon enjoying eye-catching photos in various themed subject matter. Facilitate the group by pausing/restarting the video as the photos move along and using the images to prompt storytelling and reminiscing.

**I:** Choose a tutorial video from the library, play directly from your computer/laptop/tablet, or connect to watch through your TV.

**M:** Viewers can enjoy photos coming alive before their eyes! Help facilitate the group by pointing out interesting aspects of photos and using the images to prompt storytelling and reminiscing conversations between group.



## Lectures



**G:** From art to fashion, to history, you'll find topics to interest all! Help facilitate the group by pausing/restarting the video as the art program goes along.

Lead a group discussion at the end of lecture.

**I:** Choose a lecture from the library, play directly from your computer/laptop/tablet, or connect to watch through your TV.

**M:** All lectures are Dementia Friendly! Viewers can enjoy information presented at an appropriate speed and cognitive level. Help facilitate the group by pausing/restarting the video as the art program goes along. Lead a group discussion at the end.

## Exercise Programs

**G:** Videos library includes exercise videos to accommodate seniors of all physical and cognitive levels. Tips: Don't miss unique exercise videos like Tai Chi!



**I:** Choose an exercise video from the library, play directly from your computer/laptop/tablet, or connect to watch through your TV.

**M:** Help facilitate exercise programs by passing out equipment and prompting participants to follow along with the video.